

Tympanoplasty

HOME CARE INSTRUCTIONS

- Sleep at a 30-45 degree angle (2 pillows) for 3 nights.
- Keep the ear absolutely dry until you see the doctor at your postoperative appointment. Further instructions will be given at that time.
- **DO NOT** blow your nose.
- **DO NOT** use cotton swabs or put any other object in your ear.

POSSIBLE SIDE EFFECTS

- You may be drowsy and nauseated from the anesthesia.
- You may be unsteady when walking for up to 1 week after surgery (vertigo).

CONTACT YOUR PHYSICIAN

- If you experience any ear drainage.
- If your pain is not relieved with pain medications.
- If you have a fever above 101.1° or if you have a low-grade fever for more than 3 days.
- If you have any questions or concerns.