

Myringotomy Tubes

HOME CARE INSTRUCTIONS

- Remove cotton from ear(s) 2 hours following the procedure.
- Cleanse the outer ear with a washcloth.
- **DO NOT** use cotton swabs such as Q-Tips®.
- **DO NOT** rinse out the ear at any time.
- **NO** swimming or submerging the ear(s) in water until cleared by your physician.
- Use Tylenol® or Motrin® for discomfort as directed.
- See your physician 1 week after surgery.

POSSIBLE SIDE EFFECTS

- You may feel sleepy or nauseated for a short period of time.
- You may have discomfort in one or both ears.
- It is normal to experience a low-grade fever (99.5°-101°).

CONTACT YOUR PHYSICIAN

- If you have pus or blood draining from one or both ears.
- If your pain is not controlled by Tylenol or Motrin.
- If you have a fever greater than 101.1°.
- If you have any questions or concerns.